



Lower School Gluten Free Choices

Week 2

Monday

Oven Baked Cod Fish Fingers

Veggie Burger in a Soft Roll

Iced Sponge

Tuesday

Sweet and Sour Chicken Fillet

Mushroom Stroganoff

Homemade Buttery Flapjack

Wednesday

Oven Baked Chicken Sausages with
Creamy Mash, Gravy and Onion
Marmalade

Quorn Sausages with Creamy Mash, Gravy
and Onion Marmalade

Chocolate Chip Shortbread

Thursday

Assorted Thin & Crispy Pizza Slice

Margherita Pizza

Creamy Rice Pudding & Fruit Jam

Friday

Chicken Chunks in Soft Tortilla Wrap

Cheddar and Broccoli Frittata

Homemade Oaty Biscuit

Available Daily

Fresh Fruit

Salad Bar

Pasta Bar (GF on Request) with Sauces

Jacket Potato with Various Fillings

Sandwiches (GF on Request)

A Selection of Seasonal Vegetables &
Potatoes