



Lower School Lactose Free

Week 4

Monday

Oven Baked Battered Fish Chicken Burger

Vegetable Samosa and Mango Chutney

Iced Sponge

Tuesday

Bolognese Pasta Bake topped with Mozzarella and served with Garlic Slice

Garlic Mushroom Frittata

Dusted Shortbread

Wednesday

Toad in the Hole

Quorn Toad in the Hole

Creamy Rice Pudding & Topping

Thursday

Assorted Thin & Crispy Pizza Slice

Margherita Pizza

Buttery Flapjack

Friday

Chicken Chunks with Sweet and Sour
Sauce & Rice

Goats Cheese and Spinach Tartlet

Chocolate Chip Muffin

Available Daily

Fresh Fruit

Salad Bar

Pasta Bar with Various Sauces

Jacket Potato with Various Fillings

Assorted freshly Made Sandwiches

A Selection of Seasonal Vegetables &
Potatoes



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