


Life Skills	Leadership Education	Artistic Expression
<ul style="list-style-type: none"> • Make & Sell • British Sign Language • First Aid - recap • Brain teaser – problem solving • Brain Gym – problem solving and teamwork • Money & Me • Dingbats – problem solving • TEAMtime – team work • Swimming • ESB 	<ul style="list-style-type: none"> • Class leadership roles • School council • Eco committee • Writing champions • Mental Health ambassadors • Spanish Ambassadors • Playground buddies • Restorative Peer Mediator (RPM) 	<ul style="list-style-type: none"> • Mindfulness in Art • Origami • School play • Art of Relaxation • Class assemblies • Time to Shine • Sing for Eurovision
Service and Community	The LC+ Curriculum in Chapter 5	Awe and Wonder
<ul style="list-style-type: none"> • Mini Vinnies' volunteer program • Charity sales • Charity fun runs • Eco committee • Class monitor roles • Garden Gang 		<ul style="list-style-type: none"> • Reflection Assemblies • Philosophy for children • Christingle services • Harvest festival • Mind Time • Forest School • Let's Go Outdoors
PSHE		Physical Fitness
<ul style="list-style-type: none"> • Personal goals • Rights and responsibilities as a British citizen and as a member of Liverpool College • How our actions affect others • Celebrating differences • Racism • Bullying, both direct and indirect 	<ul style="list-style-type: none"> • Happiness • Jobs • Cultures and cultural benefits • Effects of smoking • Efforts of alcohol • Emergency aid • Recovery position • Body image • Dreams and goals 	<ul style="list-style-type: none"> • Managing friendships • Developing relationships • Negative feelings and how to manage them • Changes for boys and girls during puberty • Self-image
		<ul style="list-style-type: none"> • Weekly Run • Morning & Lunch Time Running Clubs • Sports Fixtures • FunFit • Yoga • HIIT • Step Up • Born to Move – Les Mills • Outdoor gym

The Lerpoolian Character		
Purpose	Passion	Challenge
We not me Give not take Improve not excuse	Heal not harm Include not ignore Respect not mock	Care not hurt Support not neglect Unite not divide

The Lerpoolian Learner		
Purpose	Passion	Challenge
We are reflective We are ambitious	We are curious We are innovative	We are focussed We are resilient



love the journey