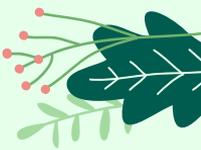




Summer Holiday

Activity Booklet

Liverpool College
Eco-Committee



Instructions

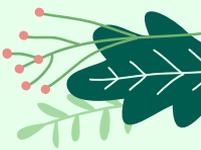
In this booklet you'll find a number of activities to complete during the summer holidays, based around different themes. These are not compulsory but we'd like to see as many people as possible taking part! It will be a fun and creative way to pass time during the summer holidays.

You can complete as many activities as you want in any order. There will be PPC points awarded for each activity completed.

Please send us any activities you complete! Our email is eco-committee@liverpoolcollege.org.uk. Please include your name and class in any emails you send. Due to GDPR, we cannot accept photos or videos that show faces.

We may share photos and videos on our Instagram page @LivCollEco, but if you don't want to be featured then just let us know in the email.

Lastly, have fun and stay safe! We'll see you in September!



Stargazing

On a clear night, why not try stargazing?

Lay down a blanket or find yourself a comfortable chair. No major work required. Simply find a spot with minimal light pollution and sit outside.

You could use a telescope or binoculars if you have them, but they are not needed.

Have a look for stargazing apps on the App Store and Google Play Store, there are lots of free apps that will tell you about the different stars you can see. How many names can you remember?



camp out for a night

Camping is one of the most fun activities you can do outside! And if you've got a tent and a garden, you can do it at home!

You can even take it one step further by cooking on a campfire or barbecue, and make sure you have marshmallows!

This activity could also be linked to the previous one – have an outdoor night!



Grow fruits and vegetables

Growing fruits and vegetables is very rewarding, and you don't even need a garden!

Most supermarkets should sell fruit and vegetable seeds, or for more varieties you could go to a garden centre.
Some can be ordered online too, on sites like Amazon and eBay.



Plant sunflowers

You don't need a garden for this activity either – sunflowers can also be grown in pots.

Seeds can be bought from supermarkets, garden centres or online.

If you want to get other family members involved, you could have a competition to see who can grow the tallest sunflower!



Make a recycled plant pot

Make a recycled plant pot and grow something inside!

You could make your plant pot out of an old plastic bottle or anything else you may have at home!

This task can be linked to the two previous ones.



Make a bug house

Make a bug house using sticks, leaves, pinecones and whatever else you can find!

There is a great set of instructions available at <https://www.redtedart.com/simple-bug-hotel-for-kids> if you need any inspiration or want to follow along.



Recycled art

If you enjoy art, then this one's for you!

Collect leaves, pinecones, sticks, flowers and anything else you can find to create a piece of art.

This could be on a canvas or just a piece of paper/card. Be creative and let your imagination run wild!

You can find examples of this art style on [Google](#) and [Pinterest](#).



Meat-free Monday

You don't have to go vegetarian forever, but one night can't possibly hurt!

Have a meat-free Monday of your own – have a look online for some vegetarian alternatives of your favourite recipes (a good website to look on is [BBC Good Food](#)).

You could do this every week and see which member of your house can cook the nicest meal...

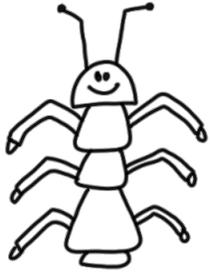


Go on a minibeast hunt!

Go on a hunt for minibeasts in your garden or a local park.

Use the sheet on the next page to record everything you find!

Colour in all of the minibeasts, then go out on your hunt.
Count how many of each you can find and write the number in the circle.
Have fun!



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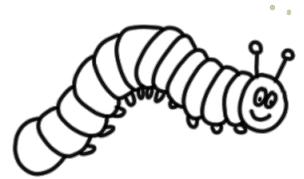
Bee



Beetle



Butterfly



Caterpillar



Spider



Snail



Fly



Worm



Ladybird